

# Happiness – Exemplar work

Every single person can control 40% of their happiness

## HAPPINESS

Your happiness level is a result of interactions of genes, behaviour and life circumstances.

Your happiness is lowest at around age 44

33, 55, 70s are the happiest ages according to recent surveys.

THE LEAST HAPPIEST COUNTRY IN THE WORLD IS: SOUTH SUDAN

Studies show that making more money makes us happier – up to a certain extent. When our salary hits £75,000 it has no effect

Finland has been placed at the top of the list for the happiest countries for 3 consecutive years

The happiest country in Europe is Finland.

The least happy country in Europe is Ukraine.

People who spend a quarter of their hours each day with family/friends are 12 times more likely to feel joyful.

## HAPPINESS

Finland is the Happiest Country in the World with a 7.7 in Happiness.

World's most happy country

The World Happiness report is a survey that looks at the state of global Happiness in 156 countries.

It ranks countries using 6 sectors: levels of GDP, life expectancy, generosity, social support, freedom and corruption.

Finland enjoy a high standard of living, low corruption levels and more forest per square mile than any other European country nation.

They do this survey annually (every year).

Finland

Most happiest country in the world. → 3<sup>rd</sup> year in a row.

The World Happiness Report

looks at:

- Social Support
- freedom
- GDP
- corruption
- life expectancy
- generosity

156 countries

more £££ per square mile than any other country or European nation.

FINLAND a country as good as has high standards. ↓ low corruption levels.

Some as Europe.

Every single person  
can control 40%  
of thier  
happiness

# HAPPINESS

Your happiness  
is lowest at  
around age  
44

Your happiness level is a result of  
interactions of genes, behaviour and life  
circumstances.

THE LEAST HAPPIEST  
COUNTRY IN THE WORLD  
IS: SOUTH SUDAN



33, 55, 70s

are the happiest ages  
according to recent  
surveys.

Studies show that making more  
money makes us happier - up to  
a certain extent. When our salary  
hits £75,000 it has no effect

Finland has been placed  
at the top of the list for the  
happiest countries for 3 consecutive  
years



The happiest country in Europe is Finland.

The least happy country in Europe is Ukraine.



People who spend  
a quarter  of thier  
hours each day with  
family/friends are  
12 times more likely  
to feel Joyful.



# HAPPINESS 😊

Finland is the Happiest Country in the World with a 7.7 in Happiness.

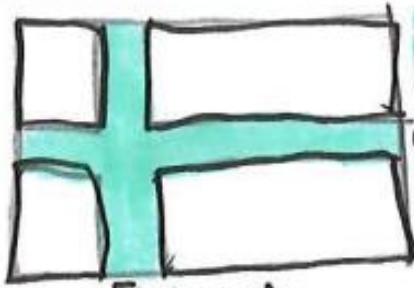


The World Happiness report is a survey that looks at the state of global Happiness in 156 Countries.

It ranks Countries using 6 factors: levels of GDP, Life expectancy, generosity, social support, freedom and corruption.

Finland enjoy a high standard of living, low corruption levels and more forest per square mile than any other European country/nation.

They do this survey Annually (every Year).



Finland

Most happiest country in the world.

→ 3<sup>rd</sup> year in a row.

The World Happiness Report

↓ looks at

156 countries in happiness



looks at:

- GDP
- Life expectancy
- generosity
- Social Support
- freedom
- Corruption

FINLAND

a country as has ↑ high standards. ↓ low corruption levels.

more per square mile than any other country. or ~~European~~ European nation.

↓  
 Some as Europe.